

SAVING MOTHERS' AND NEWBORN LIVES'



A Perinatal Centre of Excellence Program
in the Brasov Region of Romania



1. Executive summary

Project HOPE, in partnership with Project HOPE Germany, the Polish American Children's Hospital and the Dr Ioan Aurel Sbracea Hospital in Brasov will implement a 3 years program to reduce neonatal and maternal mortality and morbidity in the Brasov region of Romania.

The program seeks to employ proven cost effective interventions, delivered through a continuum of care approach, to prevent maternal and neonatal deaths and disabilities.

The continuum of care approach promotes care for mothers and children from pregnancy to delivery, through immediate postnatal period and childhood, recognizing that safe childbirth is critical to the health of both the woman and the newborn child- and that healthy start in life is an essential step towards a sound childhood and a productive life. Another continuum is required to link households via a well- functioning primary health care (PHC) to hospitals by improving home based practices, mobilizing families to seek the care they need and increasing access to and quality of care at health facilities.

In order to achieve this, the program will seek to:

- Upgrade the delivery of primary maternal and child health care in all primary care facilities in the Brasov region of Romania
- Extend uniform antenatal care throughout all physician practices in the district
- Initiate the process of perinatal audit and maternal risk identification throughout the region
- Improve labor surveillance and neonatal resuscitation skills in the network

- Improve the referral centers' capability to handle high risk OB and neonatal cases
- Create a functioning system for regional referral of high risk maternal cases
- Build a safe transport system for high risk pregnant women' and infants
- Facilitate the development of an adequate communication system, professional feedback and, systematic training and education along the whole network.
- Help build an efficient infection prevention / control system in all health facilities in the region as well as promote easy to use measures in the households in the community
- Provide standard equipment and medical supply adequate to the level of care in each facility
- Improve access of disadvantaged families to sufficient standards of health care
- Connect the Brasov regional network with an international network of peer organizations, primarily the Polish American Children's Hospital in Krakow/Poland.
- Create a mechanism for sustainability of the activities and the continuous improvement of the quality of care after international funding is withdrawn

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